



















# DANCE & PILATES SCHEDULE

# 2022






*Updated 1st January 2022. All classes 45 minutes.*

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Preschool 9:30am 	Junior (Ballet) 3.30pm 	PreJunior (Ballet) 3.30pm 	Adults (Pilates) 7.30am 	Preschool 3.30pm 
Adults (Pilates) 10.30am 	Junior (Jazz) 4.15pm 	PreJunior (Jazz) 4.15pm 	Preschool 3.30pm 	PreIntermediate (Jazz) 4:15pm 
	Junior (Tap) 5.00pm 	PreJunior (Tap) 5.00pm 	Pre&Junior (Acro/Conditioning) 4.15pm 	PreIntermediate (Lyrical/Contemporary) 5.00pm 
	Adults (Pilates) 6.00pm 			Adults (Barre Pilates) 6.00pm 
	Adults (Jazz) 6.45pm 			

**REGISTER HERE**



**AGE GROUPS**

-  3-4 years
-  5-6 years
-  7-9 years
-  10-13 years
-  18 years & up

*as of 1st January*

