2024 DANCE & PILATES SCHEDULE

All classes 45minutes unless otherwise stated. Updated 24th Jan 2024.

TUESDAY STUDIO 1	TUESDAY STUDIO 2	WEDNESDAY STUDIO 1	WEDNESDAY STUDIO 2	THURSDAY STUDIO 1	THURSDAY STUDIO 2	SATURDAY STUDIO 1
				Dance with Me (Play) 9:00am		Dance with Me (Play) 9:00am
Adults (Pilates Mat) 9:30 am				Preschool (All Styles) 9:30am		Preschool (All Styles) 9:30am
Home-School Group (10:30am)		Adults (Barre Fitness) 10:30am		Adults (Pilates Mat) 10:30am		AGE GROUPS as of 1st January 2024
Adults (Ballet Course) 11:30am						1-2 years 3-4 years 5 years
	Tinies 1h (All Styles) 3:30pm	Preschool (All Styles) 3:30pm	Tinies 1h (All Styles) 3:30pm	Preschool (All Styles) 3:30pm	Pre/Junior (Musical Theatre) 3:45pm	6 years 7-9 years
PreJunior 1hr (Acro/Jazz) 4:15pm	Junior (Jazz) 4:30pm	BOYS 1hr (Tap/HipHop) 4:15pm	Junior (HipHop) 4:30pm	PreJunior 1hr (Ballet/Tap) 4:15pm	Junior (Tap) 4:30pm	10-11 years 12+ years 20+ years
Intermediate 1h (Dance Program) 5:15pm	Pre/Junior (Troupe) 5:15pm	Pre/Intermediate 1h (Tap/Acro) 5:15pm	Junior (Acro) 5:15pm	PreIntermediate 1h (Dance Program) 5:15pm	Junior (Ballet) 5:15pm	20+ years
Adults (Pilates Mat) 6:15pm				Adults (Ballet Course) 6:15pm		REGISTER HERE
Adults (Barre Fitness) 7:00pm				Adults (Jazz) 7:00pm		